

Below is a resource list of evidence-based practices (EBPs) that have shown efficacy in treating depression in children and adolescents. This list also includes resources to increase skills and knowledge about relevant topics.

Resource	Cost (subject to change)	Age Range	Delivery/ Link
Adolescent Suicide	Free	13-17 years	Relias
"CBT for Adolescent Depression" video by John Curry	\$110	13-18	DVD
Depressive Disorders in Children and Adolescents	Free	All	Relias
Interpersonal Psychotherapy for Depressed Adolescents	\$28	13-18 years	Book